

AT FIRST COLONY RESERVE

Starters & Salads *add roast chicken to any salad*

Mediterranean Tomato Salad ♥

tomatoes, cucumbers & kalamata olives tossed in fresh basil vinaigrette.

Summer Sun Salad ♥

field greens, mandarin oranges & citrus poppy-seed dressing

Soup of the Day

Apple Spinach Salad

spinach, apple slices, drizzled with cider-dijon dressing.

Handhelds *served with your choice of french fries or side salad*

Fish Tacos

delicate white fish, pineapple-mango salsa & shredded cabbage in soft corn tortillas.

Beef Swiss Sandwich

thin-sliced roast beef, melted Swiss cheese & caramelized onions on a brioche roll.

Chicken Club Sandwich

grilled chicken, applewood bacon, lettuce & tomato layered on toasted sourdough.

Parmesan Chicken Sandwich

crispy chicken breast, sun-dried tomato aioli & Parmesan on ciabatta.

Signature Entrees

Turkey Piccata ♥

tender turkey cutlets in a white wine-caper sauce, paired with buttery penne

Seasoned Baked Fish ♥

fillet baked to flaky perfection, finished with an herb drizzle.

Sirloin Steak

seared sirloin steak served alongside homemade stuffing & roasted brussels sprouts.



Diabetic Friendly Items

♥ Heart Healthy Items

Prepared fresh each day by our dedicated chefs using wholesome, nutritionist-approved recipes—because every meal here is crafted with care for your health and happiness